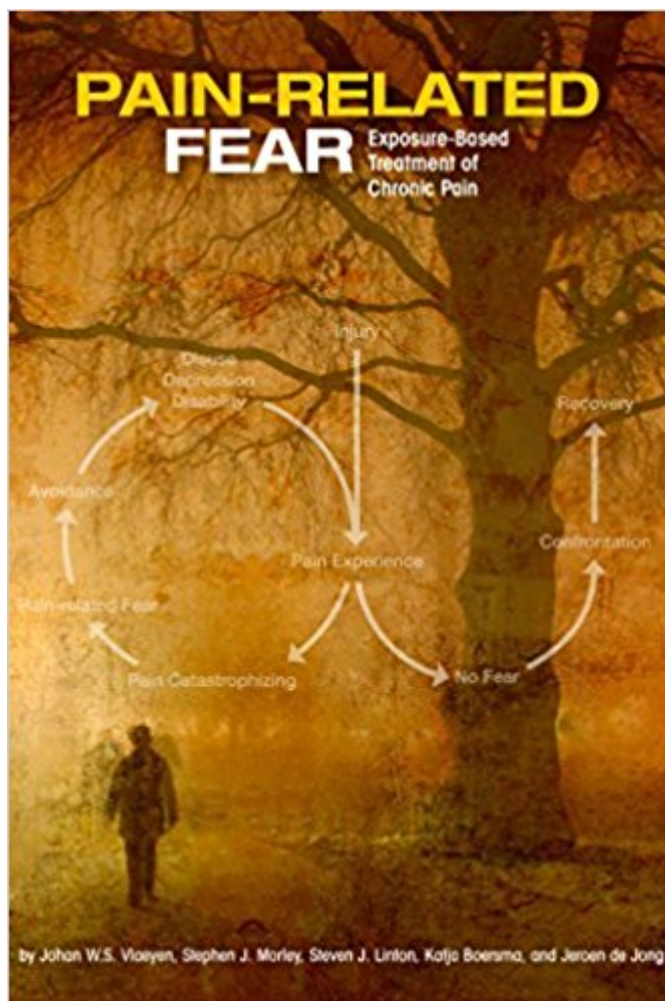


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# Pain-Related Fear: Exposure-Based Treatment Of Chronic Pain



## Synopsis

This book identifies fear of movement and injury as a primary issue in chronic pain management. It provides a detailed treatment manual on exposure-based techniques for the reduction of pain-related fear and disability in chronic pain. Includes a disc with therapist and patient materials and videos.

## Book Information

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## Customer Reviews

This is the definitive handbook on fear avoidance. It is essential reading for all clinicians and researchers in the field and will serve as an excellent text for students learning how to apply exposure-based treatments for chronic pain. A tremendously valuable contribution! --Warren Nielson, St. Joseph's Health Care, London, ON, Canada  
This book is an indispensable tool for clinicians and researchers interested in how pain-related fear affects pain and disability. It is loaded with practical tips on how to assess and treat pain-related fear. The authors have played a key role in the development and testing of both assessment and treatment approaches. --Francis Keefe, PhD, Duke University, Durham, NC, USA  
This book is an indispensable tool for clinicians and researchers interested in how pain-related fear affects pain and disability. It is loaded with practical tips on how to assess and treat pain-related fear. The authors have played a key role in the development and testing of both assessment and treatment approaches. --Francis Keefe, PhD, Duke University, Durham, NC, USA

Johan W.S. Vlaeyen, PhD, is a professor in Research Group Health Psychology, Faculty of Psychology and Educational Sciences, University of Leuven, Belgium and in the Department of Clinical Psychological Science, Faculty of Psychology and Neuroscience, Maastricht University, The Netherlands; Stephen J. Morley, MPhil, PhD, is a professor in Clinical Psychology, Institute of Health Sciences, University of Leeds, and Department of Clinical Health Psychology, St James University Hospital, Leeds, United Kingdom; Steven J. Linton, PhD, is a professor in the Center for Health and Medical Psychology, Århus University, Århus, Sweden; Katja Boersma, PhD, is a lecturer in the Center for Health and Medical Psychology, Århus University, Århus, Sweden; Jeroen de Jong, PhD, is a researcher, movement scientist, and behavior therapist at the Department of Rehabilitation, Maastricht University Hospital, Maastricht, The Netherlands Maastricht University Hospital, Maastricht, The Netherlands.

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